

# Healing the Past and Redeeming the Dark Side

By

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## Healing the Past Pain and Sorrow of the world

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I began to collect up all the fear of the millennia and the residue of the pain and sorrow and anguish – all the sad and terrible things that have been done to humanity – all that our work on the “Devolution of Evil” has brought before my soul. And I began to scrape the black sticky residue of fear and despair and pain and hatred and betrayal from off the souls of my past incarnations. Then it became clear to me that if I can do this for my own self, then I can do it for others as well.

So, since two of my past incarnations have died from impaling by, first, the Huns, and second, by Vlad, the Impaler; from the first impaling, I took my body down and my daughter's body and then called on the angels of everyone who had suffered this fate, to take the bodies down. They, the bodies, were laid at the foot of their stakes and everyone smiled and breathed a sigh of relief and then still smiling, melted into the warm embracing earth. Mother Earth was overjoyed and lightened and brightened to receive happy, peaceful bodies into herself – and she felt honored and grateful and glowed. Then, the souls of all who had died this way, touched the stakes and they put forth leaves and blossoms and grew as a lovely forest over all the middle east and up into Eastern Europe.

I then moved forward to the time of Christ and the Christian martyrs. They lay down peacefully in the coliseum and such places as they had died, and smiled and were absorbed into the earth. Their souls were already long gone in the spiritual world. The lions and wild beasts purred and gently kiss/licked their faces before they disappeared.

Then the black plague and the dark and middle ages, the inquisitions and other such atrocities were up next for healing. Now I was not only sopping up the coagulated, and dried blood and the black tarry residue of terror, but used the Shroud of Turin to mop up the last bits and polish the ages to a shine. Christ's suffering and task was so much more and cosmic, that the shreds of human fear and sorrow were simply absorbed and cleared.

On to the inquisitions and Native genocides in South and North America. Then to Kohlburg, the place of another painful death, I scraped and scrubbed till the stone slabs

were shining white and the walls sparkled.

Onward through time, to the French and American revolutions and all the detritus of the Reign of Terror – the Crimean War, the 30 Years War, the 100 Years War, and on and on through wars and uprisings and revolutions. The Russian Revolution seemed very important. As all the millions of peasants were being laid to a peaceful smiling rest in the earth that they so loved, they hallowed the ground and the Russian Souls for the Jupiter evolution. I wiped each face with the Shroud and they shone.

Then to WWI and WWII, and the holocaust – all put to rest and at peace. The Earth herself is so much more light filled and at peace herself. The “unquiet dead” have experienced a tiny bit of peace and honor.

I am only one person and I have only done one little thing. I have not healed it all. I have only touched a fraction, a tiny fraction of what needs healing in the world and throughout history. It is the crucified Christ who transforms the suffering of humankind. I just asked for his help and participation. Seek and you shall find, ask and it shall be given unto you. So I sought and asked, and he answered.

So for myself. All those lifetimes that were so steeped in pain and sorrow and fear have been cleaned up and shine brightly now along my timeline. There is more to do – to forgive and eliminate and let go of all this black stuff. So I put it in the crucible of my solar plexus and stoked up the flame of the Root Chakra with my passion for love and nurturance and peace and joy and a beautiful, glowing, contented earth. And it's the end of that world as I knew it, and I feel fine.

November 6, 2010 – Saturday Morning

Today, after my meditations, I realized that all we awakened living people could do a sweep of history together to heal all the pain and fear, as I did alone with Christ yesterday. We/I also need to do a healing on the philosophical/belief lies and twists track. Just think how wonderfully powerful it could be if a group, even only three or four, but in time hundreds or thousands of conscious souls combing our past lives and then all of history to heal the past.

## **Redemption of the Medieval Torturers**

**Sunday Morning Meditation - July 31, 2011 – Bellevue, Washington**

This morning in my meditation I mucked around in the Inquisition and Bogenberg and all the centuries of Roman Catholic abuse and torture. I spoke to the torturer's souls who are still etherically re-enacting the tortures in the hells the Church

has established, and told them their sins were forgiven and that they should look up to their angels. When they finally looked up and saw their weeping angels, they were released from hell, wrapped in their angel's arms, and taken up and away. All of the executioners, torturers and jailers, either looked up and re-united with their angels, or if their angel was missing, then two Warriors of the Rainbow Light took them away. As they left, I felt all their pain and anguish heaped upon me. I staggered over to Christ and gave the whole load to Him. Christ took it all and blew it away like sparkling confetti, away in a gentle spiritual wind. The grateful, released souls went to the healing spas and warm baths for rest and relief.

Then, I saw a future vignette of how things will be transformed. A Christian Community priest said recently, that the positive etheric residues of life were "hope and crystals." So, I see that the instruments of torture are going to be transformed into crystals. This is the compensatory work like a kamaloca for the wicked souls who perpetrated the horrors of the dungeons and torture on often innocent victims. After they died, they then got stuck there, themselves, and have had to re-live their hideous experiences over and over for centuries. The devolved spiritual beings, and the few truly evil humans at the top of the organization, who harvest the etheric pain and suffering, don't care if it comes from a chosen victim or from one of their own minions of darkness and evil-doing on earth. The 'Top Dogs' eat everyone below themselves.

So, those unfortunate minions, the run-of-the-mill ignorant, brutal jailors and torturers who were tempted and influenced into the sin of harming others and causing pain; through their work of contrition, will be changing the mountain of torture instruments and all the stones of dungeons into pure crystals as their offering for the "Garden of Hope" in the New Jerusalem. They will do it by tears of remorse and gently caressing the instruments until they are worn down totally by gentleness and 'white blood'/tears of compassion into little pure crystals. They may learn to make larger crystals, but at first, I see their tears washing away tiny bits and becoming tiny herkimer diamonds. When the tools of the torturer's trade are all transformed, the torturers themselves, will be cleaned and redeemed and receive white garments. They will take the crystals and diamonds by the wheelbarrow and 'trundle cart' full to the New Jerusalem and line the streets with them like tiny cobblestones.

The innocent victims of all the inquisitional horror have been and will continue to transform their personal pain and sorrow, horror and fear, hatred and despair into 'hope' - hope for a new world – hope for humankind. They will be planting seeds of hope in the "Garden of Hope" in the New Jerusalem. The innocent victims will welcome their former persecutors and help set the tiny stones in place, and in the end there will be a beautiful celebration. This process will take a while, but it is underway already.

Now the Roman Catholic Church does not have its accustomed wells of evil and despair to dip into. The upper echelons will see their own reflections in light, where

formerly they looked into darkness and drank their fill of human misery. Now they will see themselves reflected in light that shows up their spiritual ugliness. It is time for soul searching in all levels of the Roman Catholic Church organization, and a time for facing the truth.

All the places on earth where these evils have gone on for centuries can now be healed and cleansed by Christed Elementals working together with conscious human beings. The Elementals are very angry that their substances have been used in such wicked ways – that all the elements, fire, water, air and earth – have been used to torture human beings. Every misuse of their creative forces caused them intense pain. We humans must give them healing love and a freely given drop of Christed blood. (Refer to Native American Adventures – Christ, the Elementals and Radiation) “Can the 'dead' work with the Elementals to clean up the horror sites around the earth?” I asked no one in particular. “Yes, they can.” I heard a voice say emphatically. We the living must help by taking down historical monuments to man's inhumanity to man.

### **Monday Morning Meditation, August 1, 2011 – Bellevue, Washington**

I don't seem to want to do too much today, I am still working on transforming and integrating yesterday's experiences. So, after the preparatory meditations, and a bit of waffling, I went up to the New Jerusalem and sat in Christ's lap. He stroked my brow and hair and I cried a few tears for all the human sorrow and misery. Then He showed me how the executioners and torturers are spending time.

It is a matter of squeezing, caressing, and pressing, that will transform their tools of torture into crystal. They must learn to focus absolutely and intensely and for long periods of time (similar lengths of time and with the same kind of intensity, as their victims had experienced in the past, when they did their unpleasant, wicked work.). That is how they will burn off their karma, since it has been so long since they died and they cannot do an exact kamaloca for that life. Besides, a part of many of them has gone on and reincarnated anyway, as less-than-whole individuals such as those that have died young in wars and plagues, or of starvation and so on.

The people who are later incarnations of the petty evil doers (the common torturer and jailer, etc.) have been less than whole. With the redemption of their trapped soul, etheric, and astral parts, they can become more complete individuals. That, however, will not happen immediately. The work must be done to transform that old evil karmic residue and create pure crystals. Then it might happen (I was musing in this regard and an instant visual response came.) Oh, God, Yes, it *must* and will happen in the spiritual worlds after the death of this present lifetime. The cataclysms that are coming, where millions – nay – billions will die, will make this possible. The human race will never be the same (thank goodness). When the smoke clears, and the new world is being built, and they are ready to reincarnate, those souls will be whole again. They will have squeezed the propensity toward evil, out of themselves, while gently

pressing the torture devices into crystals. It must be done with love.

We, human beings, are changing. The actual physical transformation from the Reptilian to the Dragon brain stem is becoming a permanent spiritual/psychological/physical reality. We who did not succumb to evil as completely as the torturers and those in the higher echelons of church and state and secret societies, are making these changes now so that we can build a new world on a firm footing of Christed consciousness which is being locked-in to our physiology. We are working on a new enlightened default setting for the human response mechanism to the world. (*Refer to the Dragon Quartet - Part 4 – How to Incubate Your Dragon Using Quantum Biology.*)

Others who have taken the 'left-hand path', also known as black magic, or negative shamanism, or the death cults (as opposed to the proponents of love, light and life) by whatever name and means, are needing a bit more time and a bit more help to crest over into the positive. Not everyone will make it, but none who can, should be abandoned or lost. In Medieval times there were many more men than women into black magic, alchemy and witchcraft. The Black Plagues cleaned up some of that karma. There were really not many women on the dark side, but a few. Most women were involved in earth and life centered celebrations, rhythms and rituals, at that time, and had a completely normal afterlife. The trials and terrors of the Inquisition and the witch hunts changed that, however.

For the torturers and executioners who have been stuck in hells of the fiefdoms – the personal henchmen of nobility and the law – as well as those involved in the Catholic hells of the Inquisitions, it is their chosen karma. So much of the past is unconscious. The present task is to bring the light of consciousness to bear on all of our opportunities and choices. The changes to our bodies through love and gratitude and forgiveness has a healing and opposite effect to the torture and vicious deaths of the past inquisitions, wars, the holocaust, and all such evil things. GOD! Evolution is a slow and trying process, but we are finally at the point where we can choose to accelerate our evolution by consciousness. Conscious elaboration of the fruits of our evolution so far, will create a more kind, beautiful, and intelligent human future.

Truly, in the future, all of our past incarnations, healed and integrated, will be consciously incorporated into each succeeding life. All the bits and pieces of our past lives must and will be forgiven and loved, healed and set right, and enfolded into one conscious self that spans the whole of earth and human history. Only in such a way can we become creators of better new worlds in the coming ages, and divine creators of the new macrocosms of the far distant more beautiful and evolved future. “We had better get 'cracking.'”

All of this I saw while being cradled in Christ's arms. When the understandings came to their fitting end, and I was calm and at peace, I stood up tall and bowed my thanks to Christ, who admonished me to, “Feel fine.” And, I do. We hugged again and I

came back to everyday consciousness and went downstairs for a cup of tea and toast.

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## Biography

**Kienda (Betruë) Valbracht**, IMA Thanatology, is a Clinical Hypnotherapist and a SIDS mother. The death of her infant son, Christian Alexander, impelled her into an exploration of Death's domain, culminating in her published book: *Lucid Death: Conscious Journeys Beyond the Threshold*, (available from her web site [www.cosmicodyssey.info](http://www.cosmicodyssey.info) Barnes & Noble, or Amazon.) Creating structure and form from the seething cauldron of inspiration, she has a number of monographs of the latest adventures in the spiritual worlds available to download from her web-site – as well as her blog: *Conversations with Edgar Mitchell and the Interstellar Team*.

Kienda is a Spiritual Scientist, safely navigating the spiritual worlds, researching karma and reincarnation, the journey of the soul between death and rebirth, and other spiritually oriented issues.

She also facilitates individual Alchemical Hypnotherapy sessions (Facilitated Spiritual Experiences) which are then metamorphosed into practical wisdom for a richer, more effective, conscious life in the present.

For information on talks and workshops blending spiritual concepts with years of practical experience – such as:

- \*The Journey of the Soul Between Death and Rebirth
- \*Reincarnation and Karma
- \*A Conceptual Matrix of the Cosmos – Humanity's Place in Time and Space
- \*Meditative Practices Leading to Spiritual Investigation
- \*The Evolution of Consciousness
- \*The Extra-Terrestrial Issue
- \*The Deeds of Christ and the Redemption of Lucifer
- \*Radiation and the Elemental World
- \*Transformation of the Reptilian Brain-Stem to the Dragon of Higher Consciousness

and many others, with which to understand the human condition in the greater design of the evolution of consciousness, both individually and universally –

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